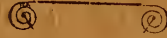


January 1895



OUT OF DOORS FOR WOMEN

Issued monthly. VOL. II. No. 14.

MRS. OLIVE L. ORCUTT, Publisher.

LOS ANGELES, CALIFORNIA,
ORCUTT, CALIFORNIA, and
SAN DIEGO, CALIFORNIA.

Price, 5c.: Per year, 25c.



THE GREAT AMERICAN Import'g T Comp'ny

IMPORTERS AND DEALERS IN

Pure Teas, Coffee, and Spices,

Forty branch stores in successful operation.

San Diego 969 5th | 7th av. | 18-19th National City



CAN I OBTAIN A PATENT? For a prompt answer and an honest opinion, write to **MUNN & CO.**, who have had nearly fifty years' experience in the patent business. Communications strictly confidential. A Handbook of Information concerning Patents and how to obtain them sent free. Also a catalogue of mechanical and scientific books sent free.

Patents taken through Munn & Co. receive special notice in the *Scientific American*, and thus are brought widely before the public without cost to the inventor. This splendid paper, issued weekly, elegantly illustrated, has by far the largest circulation of any scientific work in the world. \$3 a year. Sample copies sent free.

Building Edition, monthly, \$5.50 a year. Single copies, 25 cents. Every number contains beautiful plates, in colors, and photographs of new houses, with plans, enabling builders to show the latest designs and secure contracts. Address **MUNN & CO., NEW YORK, 361 BROADWAY.**



MUNCER'S AMERICAL STRAIN.
Brown, White, and White Plymouth Rocks. White and Silver Wyandottas, Brown and White Leghorns. Registered Jersey Cattle. 15 YEARS EXPERIENCE IN RAISING AND BREEDING. NO GRANT OF PRIZES FOR 24 YEARS and KANSAS FAIR BARS at all times.
Wares, Trunks and Sewing Machines Made for best Results.
FURNISH ILLUSTRATED CIRCULAR Showing Methods, Prices for Purvey House and Trade Sent Free. The "HOLLIST CHURCH" Illustrated, Six Per Year. Working Address **F. M. MUNCER, De Kalb, Illinois.**

High Grade Finish

Artistic Positions

Lenz

New Photo. Studio, Cor. E and Fifth Streets, San Diego.

Pictures Copied and Painted in Oil, Crayon, Ink Water Color and Pastel.

CABINET PHOTOS 2.00 PER DOZEN. (FOR A LIMITED TIME.)

LADIES!

Have You Seen the Wonderful

G. A. WILLIAMS

All Human Hair Bangs; No Lace, No Wire, No Net to Tear,

Shrink or become offensive, nothing used in the construction of this improved bang but the best goods of natural curly hair money can purchase. It is a marvel of convenience and beauty. It excels the border bang in many respects. All persons giving their orders this month will receive the above bang at cost. All goods warranted as represented. All human hair switches without stem at lowest prices. 859 5th street.

OLD RELIABLE INSURANCE AGENCY OF

A. E. DODSON,

—Also

Notary Public,

GOVERNMENT LANDS AND PENSIONS.

1411 E street, San Diego, Cal.

NOVELTY!

New large flowering white **MARGUERITE.**

Size of flowers 2-3 inches in diameter, petals large, clear white, flowers semi double. This fine Marguerite is a great improvement over the common kind and no flower lover should be without this fine Marguerite

Write for prices, also for list of dollar collections **Grallert & Co., florists,**

Colma, San Mateo co. Calif.

ADVERTISE Judiciously in One of Doors for Women

5000 ORANGE and Lemon trees very cheap.
Orcutt Seed and Plant Co. Orcutt, Calif.

BOOKS on natural history, botany and horticulture. Write this office.

RARE CACTI send 10 cents for list and a magazine for a year, also an illustrated list of rare **CALIFORNIA BULBS** and plants. **Lyon & Cobbe, Los Angeles, Calif.**

120 DOLLARS PER MONTH

IN YOUR OWN LOCALITY

made easily and honorably, without capital, during your spare hours. Any man, woman, boy, or girl can do the work handily, without experience. Talking unnecessary. Nothing like it for money-making ever offered before. Our workers always prosper. No time wasted in learning the business. We teach you in a night how to succeed from the first hour. You can make a trial without expense to yourself. We start you, furnish everything needed to carry on the business successfully, and guarantee you against failure if you but follow our simple, plain instructions. Reader, if you are in need of ready money, and want to know all about the best paying business before the public, send us your address, and we will mail you a document giving you all the particulars.

TRUE & CO., Box 400, Augusta, Maine.

The West American Scientist

The oldest scientific journal west of the Atlantic coast. For a copy.

San Diego, California.

OUT OF DOORS FOR WOMEN.

VOLUME II.

JANUARY, 1895.

NUMBER 14.

ENCOURAGING.

Said a florist: "We sell more plants and bulbs every year. Ten seasons ago I put down about three thousand bulbs and this last fall twenty thousand."

Walking through the streets one sees many nice plants in the windows. I counted within two blocks six Chinese Lilies in pretty glass dishes placed on small stands between the curtains, also many hyacinths, freesias, etc. In the poorer streets now and then one finds a house with a plant in the window, and however dingy the outside may be it gives a homey, refined air to the exterior. The small front lawns, too, have something in the way of gardening. Not far from here is a design that fills the whole space, not very large, in front of the house. A star bed is in the centre and at one side the crescent moon is represented. Both these beds are gay with zinnias, asters, balsams and marigolds in summer. It is not in good taste, but ever so much better than nothing, or than to have the place filled with tin cans and run over by dogs.

With so many delightful floral magazines placed within our reach there will be still further improvement in our front and back yards in the next few years.

SISTER GRACIOUS.

SWEET HERBS.

Who raises and sells the sweet herbs of commerce? The care of sage and other herbs much used in the culinary department—to sow the seed and pick the leaves, drying them in the shade that they be not steeped by the sun thus losing a better part of their strength—would not this be wholesome work out of doors for women?

There is much in a suggestion, and often from small beginnings a fortune grows, or what is better a competence for many. Health and pleasure go hand in hand and come without the calling when about daily duties if they are congenial.

CALIFORNIA.

Out to the west with solemn eyes she turns;
Sullen the red sun burns
His last dim taper in the day's gray urns.

A rolling waste of blue her gaze commands,
Where the Pacific bands
In sapphire tipped with pearl the silver sands.

Behind her all the east—a map unrolled—
Pauses a space to hold
Its eager hands toward her bright, uncoined gold.

And ever gazing to the west she stands,
Where the Pacific bands
In sapphire tipped with pearl the silver sands.

CLARE BEATRICE ST. GEORGE.

POP CORN FLOWERS.

We are often indebted to the children for appropriate names for our wild flowers. The beautiful Cream Cups (*Platystemon Californicum*) and the Chocolate Lily (*Fritillaria biflora*) are examples which come to my mind. The lovely, snow-white flowers of the *Krenitzkias*, a modest plant nearly related to the *Heliotrope*, is another instance which has recently come to my notice—and in this case the little nodding cluster of flowers receives from the children's lips the name of Pop Corn Flowers, a singularly beautiful and appropriate one.

BALLAST POINT.

Away on the ocean's brink,
 Where the sea-gull dips his wing,
 Where the awkward penguins drink,
 And the waves their dirges sing.

 Where the mountain range in sight
 Its snow-crowned summit lifts;
 Where the dashing breakers white
 The wave inrolling drifts;
 On a grassy slope we spread
 Our cloth for a noon repast--
 I cannot tell on what we fed
 The viands were so vast!
 The eye was nourished from all sides—
 Above, and round about,
 The ear drank music from the tides
 We would not wish shut out.
 Here you can ask of Nature, why
 The senses swallow up
 The influence of sea and sky
 And on ambrosia sup?
 Ask the zoophyte why he makes
 Beneath the surf his bed?
 The breezes why their oarless strokes
 Disturb the ocean dread?
 The throbbing sea in ebb and flow,
 Why waste its giant strength?
 Why not disport the waves below
 The eye's observant length?
 The answer comes, inbillowy thrusts
 From out the wild expanse
 In watery tones and weeping gusts
 Of loftiest romance—
 Romance so real and so bright,
 So free from all pretense,
 The voices we interrogate
 Must be endowed with sense!

L. M. S.

THE REVOLVING LIGHT.

Our minister told us the other day of visiting a light house where he saw two lamps of exactly the same size and power, but one was so arranged that it would revolve, while the other stood still. "Is one lamp better than the other?" was asked of the keeper. "No" he replied "not better, but the movement of one will attract the attention of the sailor, which a still light does not."

And then the minister urged us to keep our light "trimmed and burning"—and in action. And here my mind wandered away to my "Out of Doors" friends and I wondered how many of them were "Revolving Lights."

Have you ever known, dear friends, one of those energetic and helpful little women to whom every one in the neighborhood turns for advice and assistance in an emergency?

She is usually a modest little woman who has a way of saying "I don't know how, but where there's a will there's a way" and forthwith indicates that the will is hers, and you soon see the way. Perhaps you call her "handy." So she is, and whether it is a piano tuner or a harness mender that is needed, she lends a hand.

Now I should call "our friend in need" a Revolving Light, and the power, the "stored energy," comes from a kind heart which says "Don't stand back and say you cannot tune pianos as well as a professional, or that the old harness should be mended with a new one, but do your best, 'Lend a helping hand.'"

That is the beauty of our revolving light. She is always in action and wherever she appears her brightness, her quickness of action, is hailed with delight by the care worn and over worked and as if by magic all obstacles to success are cleared away, and the sailor on life's seas feels as if it were clear sailing into port.

OUR TIMES.

A SAN DIEGO SKETCH.

One day, not so long since, the irresistible English desire "to go out and kill something" shook me from the indolent twaedle of a pink tea.

Perhaps it acted as a safety valve and prevented an explosion

of sarcasm and the loss of several dearest friends. At any rate the hunting blood—that unquenchable relic of our savage ages located somewhere in every heart—stirred so vigorously that the tea gown was exchanged for the jacket and leggins and shortly after, to quote from the popular ten-cent fiction, “a solitary pedestrian might have been seen walking with firm and determined steps in the direction of the rising sun,” only this pedestrian happened to be horse-back!

No, I was not out after bear or deer and should have fled incontinently from a tiger or even a mountain lion, but the sage and scrub-oak were alive with rabbits and not infrequently the whirr of wings announced the flight of quail.

Roadrunners slid, dived and darted across the way with a now-you-see-me and now-you-don't-see-me celerity comparable only with chain lightning. Once a garter snake slipped rapidly away first lifting an uneasy head with vibrating tongue, more in fright than anger.

A soft gray ball with monstrous ears aslant bounds up the canyon and through a dry arroyo.

Talk of fancy jumping!

A healthy, moderately frightened jack-rabbit can give any other animal on the list seven to start on and then gaily propel himself into the middle of next week long before the other party has touched ground on the eight leap.

I have never yet traced the relationship between the jack-rabbit and the sand-flea but am firmly convinced that they must be second cousins at least.

What a beautiful world it was, and almost lovely enough to tempt one to a saunter and dream—almost but not quite with a No. 12 handy and the temptations so numerous.

Such a short distance from the city, yet in an unbroken solitude, a wilderness rough and perfect as at the creation morn.

And now for a prowl afoot.

Hill, sage, canyons, adobe, rock, and sage.

A red sun above and—a rabbit vanishing in the distance! He stopped one moment too soon and I put him in my game bag and counted “One.”

A loud-voiced bird quite unnamed and unclaimed tetered on

a disused telegraph wire, and a roadrunner dared me to the fray.

Few people like to miss their object in this life, whether it chance to be a bird or a political nomination, and then to be insulted by a demonic shriek of laughter from some impertinent bird overhead—well, when one has an empty gun one can only shake one's fist and threaten, until a better opportunity offers for getting even. Yonder goes another jack-rabbit and another miss. Two or three cotton-tails brought in, limp and helpless, then a flash of wings, a catch-as-catch-can shot, and a quail goes over to join the great majority.

Breathless scrambling through the undergrowth, unsuccessful shots at road-runners (did ever anybody shoot one fairly I stop to inquire, having wasted any amount of ammunition, energy and temper and written failure on every personal attempt) plunges down canyons, and a sneak through the sage here and there, plenty of real estate on one's countenance, and an occasional "swipe" in the face from some resisting branch, then here he comes—and there he goes—into the dim distance with the shot pattering around the spot where he used to be, and a disappointed markswoman dancing in rage.

Another quail. In faith I think that one died more from fright and the nervous shock to its system than from any other cause for it was purely a hit or miss venture. Well, we'll claim skill anyhow!

Then a struggle through the brush, tumbles on unstable rocks, and ultimate arrival on the spot where the patient little broncho waits, and back to the haunts of men, to pink teas and scandal drawing rooms and dinner while over head drifts one ghostly star and the earth is wrapped in the soft clear haze of that hour between the night and day.

Shocking? Well, that is as may be my lady friends. There really does not seem to be such a vast difference between shooting a bird and wearing it in one's hat when some other has shot it, or in doubling a rabbit down hill and in wearing those soft pretty seal skins which were once very much alive—until killed in rather a brutal manner to adorn your pretty selves.

Odd, is it not, what a difference it makes when our own hands are clean of the mere act of slaughtering these small dumb brothers of ours!

CLARE BEATRICE ST. GEORGE.



NEW PERPETUAL BLOOMING HIBISCUS "SUNSET."

Among the novelties that will be offered this year is this fine shrubby perennial species apparently new to cultivation.

The leaves are deeply cleft into long, narrow lobes which are coarsely toothed; the lobes or divisions are wide spreading. The foliage of the plant is thus quite peculiar and striking in appearance. The plant is an early and continuous bloomer and the bell-shaped flowers are of remarkably large size, being from

six to nine inches in diameter. The color is a deep, rich cream with a maroon centre of velvety appearance, each petal having a dark maroon blotch at the base, making a magnificent flower of great beauty.

The individual flowers are so large and handsome that it is a matter of surprise that the plant can produce from ten to fifteen of them at one time. Still more so that the season of blooming should be continuous, for the plants commence to bloom quite young and continue until checked by the frosts of autumn. The plants are easily raised from seeds, and in the east in order to have the benefit of the whole season these should be started in the greenhouse or frame or window so that the plants may be fairly well developed in time to set out early in the garden border or as soon as the warm, settled weather has fairly commenced. They will then go on to make large, bushy shrubs, numerouslly branched, and at all times having a considerable number of the great showy flowers together with buds in different stages of advancement.

The plant being perennial it can easily be wintered over in our milder climates, while in the east it can be taken up and cut back and wintered in the greenhouse or cellar, and planted out again in the following spring.

SOMETHING NEW.

Your Home or any other building or landscape engraved on Souvenir spoons at the D street Jewelry store. Bring photograph. 1419 D st. between 5th and 6th, San Diego, Cal.

NOTES.

The more zeal the more mischief if knowledge be lacking.

Some one says: I know of no medicine for a sick man so good as contact with a strong, well-fed horse.

A lady of my acquaintance who has both a horse and a piano and is skillful with both says: "If I could have but one I should choose the horse.

When we cease to care for the donor, gifts lose their value.
'Tis love that enriches every gift.

"Thinking," said Washington Irving, "is a malady of the mind, which is sure to bring discontent."

It is sometimes easier to forgive our enemies than to bear with our officious friends.

Sir Walter Scott died in 1832; Tom Hood died in 1845.

Emeralds have been discovered in the Etruscan tombs in settings over 2000 years old.

Jasper is found in red, brown, yellow, blue and black.

Men who act, not those who dream, are the most highly esteemed in this generation. But are not dreamers, with intuitive imaginations, like the invisible root that bears the lovely and conspicuous flower?

Woman's emancipation will never be complete until she dissociates herself from parasol and handbag!

THE NEW YEAR.

Now wishes glad and greetings kind

The New Year scatters wide,

Its brow is always crowned we find

With Hope to cheer and guide.

The gleaming light of every morn

Reports a fountain sweet

From which the golden wealth is born

With promises replete.

Not far away from any one

Hovers the warmth and light

Not only of the rising sun,

But of its Maker, bright,

Who gives us all the years we know

And crowns each day with grace

That makes our hearts with praise o'erflow

His wondrous love to trace.

January 1895.

E. E.

OUT OF DOORS FOR WOMEN.

OUT OF DOORS FOR WOMEN—what a delightfully suggestive title! It reminds me of the time when I seemee drifting into a hopeless invalidism and was advised by my physician to stay out of doors as much as possible, to go out camping, to walk, to ride or do anything that would take me out into the sunshine.

Whether I would have taken the advice or not I cannot say for suddenly all choice in the matter was taken from me. My husband went to the wilderness of eastern Washington and took up a 'claim' of government land. In a few weeks I followed him, and while we were building our cabin we lived out of doors because we could not live indoors.

While roughing it I grew stronger than I had ever hoped to be. I found the novelty of frontier life most delightful; everything was so new, trees, rocks, grass, flowers; the animals and birds—even hills were different from any I had known before.

When winter came, however, I found that the snow was very much like the snow we had in the east. But you will understand that snow was a novelty after having spent several years in the summer land of California.

At first we did not succeed in getting water on our place and so for quite a long time had to carry water half a mile.

How much there was to be seen along the narrow path we soon made! A whole volume of 'Out of Doors' would not hold a description of all that interested me. Having always been fond of flowers, I now wished to know more about them than I could learn from observation alone. I took up the study of botany and found it a source of much pleasure.

How pleased I was when I found I could analyze flowers and determine their names with some degree of accuracy. A wild flower garden all around our house, mostly planted by "Mother Nature," was carefully watched and tended. Some of these plants are not known in cultivation, others may be found illustrated in many seed catalogues. Some other time I will tell you of my wild flower garden. SUSAN A. E. H. TUCKER.

Until women can build boats and bridges will they not look up with admiration to those who can? And is it in the least de-

sirable that the olive tree should leave its fatness wherewith God and man are honored, and go up and down for other trees? See Judges 9:9.

INDIAN BREAD OF ALASKA.

This bread (K'SHEEO) is made in the following manner. After the tree of *Tsuga Mertensiana* (Kyee-uk) is felled and the outer bark stripped off, the inner bark is peeled in long strips and brought to camp where the Kloochees (women) pick it into small pieces and mix it with water to form a thick batter. It is then divided into cakes about 11 inches square and being covered with a layer of the leaves of *Lysichiton Kamtschaticensis* (woonoch), it is placed between 2 layers of hot stones and baked for about an hour. It is then put into a smokehouse and smoked for 4 or 5 days when it is ready for use.

PUBLICATIONS RECEIVED.

THE art of incubation and brooding, by E. & C. Von Culin, is doubtless the most exhaustive and practical exposition of the best methods of artificial poultry raising up to date. 50 illustrations; price, \$1—to our subscribers, 79c. postpaid.

OUTING is a monthly magazine of especial interest to those who love out of doors life, and a favorite with young and old; it fosters every pastime and healthful exercise.

N. W. Ayer & Son, of Philadelphia, send us one of the best calendars of the season; it is printed large enough to read across the room, yet artistic in design, and well worth the modest price of 25c. by mail.

Speaking of calendars, the Youths' Companion, of Boston, Mass., has published one for 1895 that is a genuine work of art—three in fact—ones typical of three seasons of the year, winter, summer and autumn. One wishing to subscribe for a weekly paper full of entertainment and instruction will find \$1.75 well invested in a year's subscription. By sending now you will receive the calendar and a full prospectus free.

LIPPINCOTT'S not only furnishes a complete novel of merit each month, but gives a short story or two, short poems, and some excellent solid reading well worth perusal.

MEEHAN'S gives its readers monthly a choice lot of short paragraphs relating to botany and horticulture, and is worthy of preservation. Each number contains a colored portrait of some American wild flower.

THE REVIEW OF REVIEWS continues the busy man's magazine, a compend of everything that happens of national or international importance. A more meaty magazine could not well be designed.

DEMOREST'S FAMILY MAGAZINE is a welcome visitor to any home, as full of instruction and pleasant reading as could be desired, while its summary of fashions is especially of interest to women.

GODEY'S, America's first magazine, at only \$1 a year, almost rivals in size as it does in quality the old \$4 monthlies. One of the most profusely illustrated, and the fashion department is also very complete.

THE LADIES' HOME JOURNAL maintains a well earned reputation for brightness and original features.

THE PICTURE GALLERY, for young folks, published in Chicago monthly at 75¢ a year, gave the OUT OF DOORS' baby lots of pleasure.

The Cosmopolitan Magazine people say: "we might charge you more, but in all frankness, could we give you better material, better illustrations, if we charged you a dollar a copy?" It is deservedly popular, and for \$1½—the price of the Cosmopolitan for a year—we will send both the Cosmopolitan and Out of Doors for Women.

BOOKS FOR SALE OR EXCHANGE at this OFFICE:

California Fruits: Wickson.....	\$ 3 —
" state mining bureau, 10th report, 982 pp.....	1 63
Botany of California, 2 vols. cash.....	12 90
California Trees and Flowers, 32-p.....	10
Science and Horticulture: Nos. 1, 2, 3, 4, 5, 6, 7, 8, each.....	18
Caeti Illustrated.....	05
Smithsonian Institution, report 1893.....	1 60
The Dream City, 64 views of the Columbian Exposition.....	50
The Naturalists' Companion, vol. I: nos. 2, 5, 6, 8-9, 12, vol. II: nos. 1, 3, 4, 5-6, each.....	06
Reports from U. S. consls, nos. 132, 133, 134.....	12
Insect Life' vol. iv. nos. 1-6.....	08
Caeti at Home, 5 fig.....	07
Hoosier Naturalist, vol. i: nos. 3, 5, 6, 8, 9-10, 11, 12; vol. ii. nos. 1 to 8, all.....	1 —
Bread from stones, from the German, 140 pp.....	25
Flora of St Croix and the Virgin islands, by H.F.Eggers.....	75
Natural history of Kerguelen island.....	48
Guide to the Flora of Washington and vicinity.....	67
Bull. U. S. Nat'l Museum, nos. 7, 15, & 25—each.....	49
Science, IX: 205.....	20
Popular Science Monthly, No 145.....	50
The Cosmopolitan, VIII: 3.....	23
Calif. state board of horticulture, 1890, 522 pp.....	2 —
West American Scientist, nos. 3 to 69, each.....	25
" " " " 70 to current issue.....	10
Out of Doors for Women, nos. 2 to 9, 11 to " " each.....	06
Drugs and Medicines of North America, II: 5.....	1 —
American Naturalist, nos. 284, 285, each.....	40
Vick's Magazine. IX: 8, & 11; X: 6; XIV. 7 (colored plate of Lathyrus splendens) & 9, each.....	34
Semi-Tropical Planter, Vol. I, 88 pp. illustrated.....	1 —
" " " " II, 20 p.....	06
Univ. Wisconsin; agric. exp. station report, 1890.....	1 —
Museum of comparative zoology: Bulletin, XX: 8; XXIV. 3, each.....	60

LIPPINCOTT'S MAGAZINE, 1895.

The special feature of Lippincott's—a complete novel in each issue, in addition to the usual short stories, novelettes, essays, poems, etc., all combined make it one of the most desirable magazines now issued. Price \$3 per year; 25¢ a copy.

During the coming year novels may be expected from Capt. King, Amelia Rives, Gertrude Atherton, Mrs. Stickney, Mrs. Alexander, Miss Train, and other well-known writers. Send five 2-cent stamps for specimen copy. Lippincott's Magazine, Philadelphia, Pa.

Cacti Best blooming kinds, 8 cuttings, different and labelled for 25 cts. Callas, Little Gem, 2 for 25c. Gloxinias, large flowered, mixed, 2 for 25c. Primula obconica, 2 for 25c. M. J. Peckens, Wayland, N. Y.

Yankee World
a bright, clean story paper; send for sample copy and see our list of premiums. Syracuse, N. Y.

The Baltimore Cactus Journal A monthly publication devoted to the cultivation of succulent plants. Subscription 50 cents per year. Sample copy for stamp. Office 1200 Edmondson ave., Baltimore, Md.

An Educational Monthly called **THE YOUNG IDEA**. Instructive stories, short poems, sketches of great men, customs of different countries, illustrated. One copy per year, 50 cents. Any one can make a little "Christmas money" by working for us. Address **THE YOUNG IDEA**, 22 Pemberton Square, Boston, Mass.

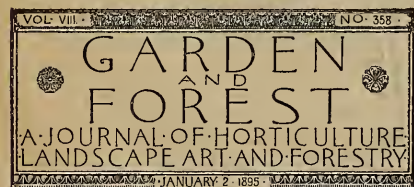
TEN PACKETS OF CHOICE FLOWER SEEDS GIVEN as a premium to **YOUNG'S FLORAL MAGAZINE** at 32 cents per year. Sample copy free.

YOUNG'S MAGAZINE, Box A, Latrobe, Pa.

THE HUMBOLDT ALMANAC for 1895. A handy Encyclopedia of general information. 100 pp. printed from new type on fine paper & artistically bound in heavy cover paper. Price 10c; 100 by mail \$5. Agents wanted. Address **H. A. Mumaw, M. D., Elkhart, Indiana**.

THE SANTA CLARA MAGAZINE exposes the A. P. A., camps on the trail of cussedness generally is a fearless defender of American institutions, and an exponent of the attractions of the Santa Clara valley. Published at San Jose, Cal., by Carrie Stevens Walter, owner and editor. Send ten cents for sample copy.

PRACTICAL, OPULANT, SCIENTIFICALLY EXACT.



Indispensable to all who love gardens or the literature of gardens; to all who own country places or take pleasure in rural scenery; to all who desire a broader knowledge of trees, shrubs, fruits, and flowers. **GARDEN AND FOREST** stands for the protection of our forests, for the preservation of natural beauty, for a purer taste in the design and decoration of public and private grounds, and is universally pronounced the best horticultural journal ever published for Americans.

ILLUSTRATED. WEEKLY. \$4.00 A YEAR.

Specimen copy free on application.

GARDEN AND FOREST PUBLISHING CO.,
TRIBUNE BUILDING, NEW YORK.

A select list of **Native American**

More particularly the **PLANTS** rare trees, shrubs, and hardy herbaceous perennial plants of the Southern Alleghany Mountains.

Catalogue sent on request.

Altifirma Nursery

Russell Bros., Highlands, N. C.

Florida Pineapple Plantations

in two years time a crop of 10,000 to a rematures, grown in the open air in the frost-proof lake region of South Florida. Send for sample copy of paper giving full particulars.

Address **Editor Pineapple, Pabor Lake, Fla.**

75 Complete Stories, by popular authors, of Love, Adventure, Sea, Border, Detective, Humorous, etc. It is a book of 64 large double columns bound in neat attractive paper covers. Postpaid for only 10c. Acme Publishing Co., Austin, Texas

CEYLON, JAVA, BORNEO AND NEW Guinea insects, especially lepidoptera and coleoptera, single or in lots. Also orthoptera and dragon flies, and land and fresh water shells. Prices low. Address: **H. Fruhstorfer**, care of German consulate, Soerabaya, Java.

\$1.50 per year. Horticulture and Viticulture! **THE PACIFIC TREE AND VINE**, 189 W. San Fernando st., San Jose, Calif. **Henry A. Brainerd**, editor; Mrs. Maggie Downing Brainerd, associate. A monthly magazine with floral, house keeper's and home reading departments.

THE PERIODICAL, A monthly magazine—up to date on all literary matters. See our premium offers. Sample on application. **OLIVE LEE**, room 405, Trust Bldg Dallas, Texas

25 cents pays for the **OREGON NATURALIST**, an illustrated natural history paper, for one year post paid. Sample copy for stamp. Address **G. B. Cheney**, publisher, box 404, Oregon City, Oregon.

FLEAS "The only thing I have found to rid a dog of fleas is the **Infallible Flea Exterminator**. It never fails." They all say so. Sent prepaid for 5c a package. Prepared by the editor of **The Dog Fancier**, **EUGENE GLASS**. Battle Creek Mich. **Free!** end for sample copy

THE MICROSCOPE
Contains pictures of minute objects magnified from 50 to 5000 diameters. A neat monthly magazine for \$1 a year. Sample for 3c. in stamps. **MICROSCOPICAL PUB. ISHING COMPANY**, Washington, D. C.

SAMPLE American Bee Journal.
(Established 1861).
FREE Weekly, 32 pages. \$1 a year. 160-page Bee-Book Free!
All about Bees and Honey
G. W. YORK & CO.
56 Fifth Ave.
CHICAGO, ILLINOIS.



5 DOLLARS TO PER DAY 20 Easily Made.

We want many men, women, boys, and girls to work for us a few hours daily, right in and around their own homes. The business is easy, pleasant, strictly honorable, and pays better than any other offered agents. You have a clear field and no competition. Experience and special ability unnecessary. No capital required. We equip you with everything that you need, treat you well, and help you to earn ten times ordinary wages. Women do as well as men, and boys and girls make good pay. Any one, anywhere, can do the work. All succeed who follow our plain and simple directions. Earnest work will surely bring you a great deal of money. Everything is new and in great demand. Write for our pamphlet circular, and receive full information. No harm done if you conclude not to go on with the business.

GEORGE STINSON & Co.,
Box 488,
PORTLAND, MAINE.

IF YOU WANT INFORMATION ABOUT

PENSIONS

Address a letter or postal card to
THE PRESS CLAIMS COMPANY,
JOHN WEDDERBURN, Managing Attorney,
P. O. Box 463, WASHINGTON, D. C.

PENSIONS PROCURED FOR
SOLDIERS, WIDOWS,
CHILDREN, PARENTS.

Also, for Soldiers and Sailors disabled in the line of duty in the regular Army or Navy since the war. Survivors of the Indian wars of 1832 to 1842, and their widows, now entitled. Old and rejected claims a specialty. Thousands entitled to higher rates. Send for new laws. No charge for advice. Force until such time.

AN IDEAL FAMILY MEDICINE

For Indigestion, Bloating, Headache, Constipation, Bad Complexion, Offensive Breath, and all disorders of the Stomach, Liver and Bowels.

R.I.P.A.N.'S TABLETS act gently yet promptly. Perfect digestion follows their use. Sold by druggists or sent by mail.

Price 25 cents a box. Address **RIPAN'S CHEMICAL CO., 10 SUMMIT ST., N.Y.**



POULTRY AND STOCK REVIEW

AN ILLUSTRATED MONTHLY MAGAZINE,
LARGEST CIRCULATION BEST ADVERTISING
MEDIUM OF ITS CLASS IN THE WORLD.
50¢ A YEAR, SINGLE COPY 5¢
ADVERTISING RATES SENT ON
APPLICATION **SYRACUSE, N.Y.**

PATENTS

Caveats, Trade-marks, Design Patents, Copyrights,

And all Patent business conducted for

MODERATE FEES.

Information and advice given to inventors without charge. Address

PRESS CLAIMS CO.,
JOHN WEDDERBURN,

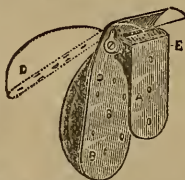
Managing Attorney,

P. O. Box 463.

WASHINGTON, D. C.

This Company is managed by a combination of the largest and most influential newspapers in the United States, for the express purpose of **protecting their subscribers** against unscrupulous and incompetent Patent Agents, and each paper printing this advertisement vouches for the responsibility and high standing of the Press Claims Company.

TRUSSES



On Approval.
50 Styles.

Send for **FREE Book**
on Cause, Treatment
and Cure of Rupture.

ARTIFICIAL LIMBS. BEST LEG,
Rubber Foot, \$50 to \$70. Elastic Stockings, Sup-
porters, Crutches, &c. Free Catalogue. State
particulars. **GEORGE R. FULLER, U. S. Govt. Mfr.,**
Box **ROCHESTER, N. Y.**

SAN DIEGO TRUCK

COMPANY.

ALL KINDS OF
Merchandise, Safes, Pianos and
Furniture
CAREFULLY HANDLED.

Office No. 728 Fifth St. - - - Telephone 121
SAN DIEGO, CAL.

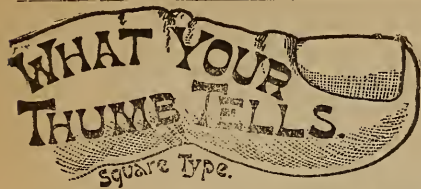
DRS. MORGAN & Telephone 51.

PHYSICIANS **POLHEMUS,**
and **SURGEONS.**

Office: 1045 Sixth Street. - - -
Dr. Morgan's Residence: 141 Sixth St., 3 Rooms
Dr. Polhemus' " Cor. 4th and C Ave., 11

SAN DIEGO, CAL.

Go to the **GERMAN BAKERY** for the celebrated **COTTAGE BREAD**.
24 loaves for \$1—J. Schrank, proprietor, 12TH & F.



The thumb is an unfailing index of character. The Square Type indicates a strong will, great energy and firmness. Closely allied is the Spatulated Type, the thumb of those of advanced ideas and business ability. Both of these types belong to the busy man or woman; and Demorest's Family Magazine prepares especially for such persons a whole volume of new ideas, condensed in a small space, so that the record of the whole world's work for a month may be read in half an hour. The Conical Type indicates refinement, culture, and a love of music, poetry, and fiction. A person with this type of thumb will thoroughly enjoy the literary attractions of Demorest's Magazine. The Artistic Type indicates a love of beauty and art, which will find rare pleasure in the magnificent oil-picture of roses, 16 1/4 x 21 inches, reproduced from the original painting by De Longpré, the most celebrated of living flower-painters, which will be given to every subscriber to Demorest's Magazine for 1895. The cost of this superb work of art was \$350.00; and the reproduction cannot be distinguished from the original. Beside this exquisite oil or water-color picture is published in each number of the Magazine, and the articles are so produced, and especially illustrated that the Magazine is, in fact, a portfolio of art work of the highest order. The Philosophic Type is the thumb of that man or woman, the thumb of those who are deeply interested in those divisions monthly in Demorest's Magazine, in every one of its numerous departments, which cover the encyclopaedic and scientific field, covering every fact, fancy, and fact of the day. Demorest is, in fact, a perfect Family Magazine, and long ago created a class of the Monthlies. Send in your thumb, and you will have a Good Magazine for free. Address W. A. Mumaw, Publisher, 15 West 11th Street, New York. The Magazine is a magazine, its pages are full of articles, and its letters will be sent to those of the Square Type of thumb, and its small size, its cheapness, and its style, and its style of the above traits will be especially to the gentler sex, everyone of whom should subscribe to Demorest's Magazine. If you are unacquainted with its merits, send for a specimen copy (free), and you will admit that sending these THUMBS has put you in the way of saving money by finding in one Magazine everything to satisfy the literary wants of the whole family.

EXCHANGES

1 CENT A WORD.

This department is intended to open a market to women who wish to develop incomes from their gardens, or in other ways.

A private number at our office instead of your address can be used without extra charge.

Wanted, to exchange miscellaneous books for 50 cents. Dr H. A. Mumaw, E. Khart, Ind.

H. H. Bancroft's History of the Pacific Coast 39 vols. cost \$204.00—what offers? 2

Financial.—Press Claims Co. \$100 per share. To what for real estate or offers. 5

EDITORIAL.

Several subscriptions without names, and others without addresses, have been received. If this meets the eye of anyone entitled to OUT OF DOORS FOR WOMEN that fails to receive it, please drop a card by mail.

SHELLS C. R. ORCUTT, Orem, Ca. H.

SEND 10 CENTS

—FOR—

MRS. THEODORE B. SHEPHERD'S

NEW 1895 CATALOGUE

—OF—

Plants, Seeds, Bulbs, Orchids and Caeti.

Ventura by the Sea,

Ventura Paper.

California

Found on the Track!

He tells about it.

It is one thing to be found on the track, and another to be found on the right track. So believes a Wayneburg, Pa., Independent, who, to give a further illustration, sent from last spring a few heads, and last year was compelled to quit work because of it. He found himself on the right track when he had taken a head of Dr. Miles' Nervine, and the head he had discarded, and has not a neuralgic, or a hysterical, or hot flashes, or nervous dyspepsia, or confusion of ideas. Get books free at druggist or of Dr. Miles Medical Co., E. Khart, Ind.

F. G. HILLMAN,

DEALER IN

Archæological, Ethnological, and Geological
Specimens,

MINERALS, SHELLS, MARINE CURIOS,

Scientific and Historical Books and Publications,

(OLD ARMS STAMPS, COINS,

And Specimens for Collectors in All Branches.

Schools, colleges and museums supplied on very reasonable terms. Every one interested in natural science or collecting in all branches, should send stamp for my Bargain List.

1036 Acushnet Ave., NEW BEDFORD, Mass.

RIVERSIDE SOUTHERN CALIFORNIA.

The Press and Horticulturist.

One of the oldest and best papers in the "Sun-set Land," gives full information. Terms, \$2.00 per year in advance six months, \$1.00. Address HOLMES & PIERSON, Publishers, Riverside, California.

Sample copies free.

ANIMALS. ARE YOU FOND OF WILD nature—birds, dogs, fishes and all animals? If so, read GAMELAND, the sportsman-naturalist's illustrated magazine. It reveals virgin woods and waters, and is brimful of good things about camp life, woodcraft and natural history. Yearly, \$1; with THE GREAT SOUTHWEST, \$1.50; three trial numbers, 25 cents. No free copies.

Address GAMELAND, 1267 Broadway, N.Y.

THE WORLD SHELL AND CURIO CO.

Miss J. M. Cooke, Manager.

Shells, Minerals, Opals, Mosses Ferns, Cacti,

and all kinds of specimens and curios.

No. 1045 Fifth street, between C & D,

San Diego, Cal

Particular attention given to supplying collections and museums.

THE COMMERCIAL HOTEL.

MRS. M. J. BIRDSALL, Proprietress

TERMS, \$1.00 TO \$1.25 PER DAY.

Free 'Bus to and from all trains and steamers.

CORNER SEVENTH AND I STREETS,
San Diego, Cal.

AN EVERGREEN TREE!

WITHOUT COST!

We will send you by mail post paid one small evergreen tree adapted to your climate, with instructions for planting and caring for it, together with our complete list of Nursery stock. If you will cut out this advertisement, mark on it the name of this paper, and tell how many and what kind of trees and plants you would like to purchase, and when you wish to plant them.

We will quote you lower prices on the stock you want than have ever been offered you.

Write at once to

EVERGREEN NURSERIES,

Evergreen, Door Co., Wis.

GEO. URBAN.

DEALER IN

Choice Family Groceries

HAY, GRAIN AND COAL.

Country Produce Bought and Sold.

2503 K-street, corner Seventeenth.

Holt House.

Cor. 15th & H sts. San Diego, Calif.

Clean, Sunny Rooms, furnished or unfurnished. Water piped to every room.

Light housekeeping if desired.

Prices the lowest.

F. P. BRUNER,
NOTARY PUBLIC,
CONVEYANCER OF DEEDS, ETC.

WITH WELLS, FARGO & CO.

Sixth and F sts.

San Diego, Cal.

THEO. FINTZELBERG,
Real Estate, Insurance and Commission.

NOTARY PUBLIC.

Office: 739 Sixth St.,

EXPRESS BLOCK,

P. O. Box 986.

San Diego, Cal

No one can make new clothes out of old ones any better than E. HUFNER, the proprietor of BAY CITY STEAM DYEING WORKS. Gentlemen's suits a specialty; Feathers, silks, cloaks, and ladies wear cleaned and dyed. Kid gloves cleaned. Everything first-class at lowest prices. 936 Sixth st., San Diego.

Best equipped Hotel in
Southern California.

Hotel Brewster

San Diego, Calif.

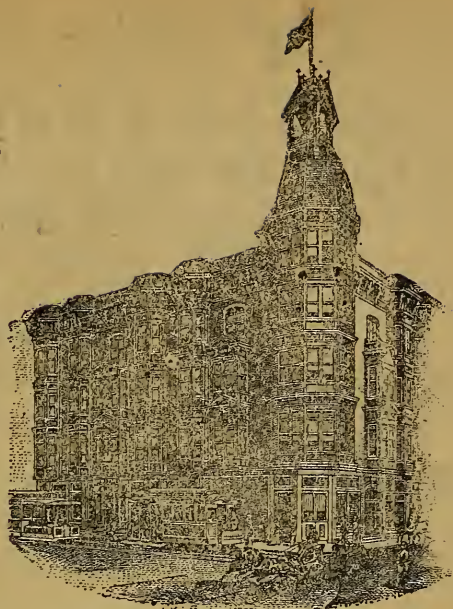
J. E. O'Brien, prop.

Centrally located.
Fisher Opera House
opposite.
Elevator, and all
conveniences.

\$2 50 per day and up.

American plan,

Strictly first class



Pianos and Organs.

Steck, Chickering & Sons, Vose & Sons, and Sterling Pianos. and Mason & Hamlin Organs,

SHEET MUSIC, MUSIC BOOKS, MUSICAL MERCHANDISE,

PIANOS AND ORGANS

Sold on Monthly Payments. Old Instruments taken in Exchange.

1050 and 1052 Fourth st., San Diego, Cal.,

GEO. J. BIRKEL,

An agent writes: I never thought I would like to be a book agent, until I read TOKOLOGY, and then felt as if it would be real missionary work.

Another, in Michigan, says: I sell TOKOLOGY even if families have three or four other medical books. TOKOLOGY has information never before given in medical works.

Physicians write: To a mother TOKOLOGY is invaluable. It will deprive us doctors of many a fee, but the truth must be told. Another: I consider the teachings of TOKOLOGY strictly in accordance with our best medical literature, and so plain it can be understood by every one.

TOKOLOGY

A complete ladies' guide in health and disease, written by ALICE B. STOCKWELL, M. D., in practice over twenty-five years. Prepaid, \$2.75. Sample pages free.

ALICE B. STOCKHAM & Co., 275 Madison st., Chicago, Ill.

Best Terms to Agents.

Mrs. J. M. B. writes: I cannot thank God for TOKOLOGY enough; by following it I cured myself of local troubles of the worst kind, and dyspepsia of seven years standing.

A lady agent who commenced her first work as a canvasser with TOKOLOGY, in 1887, and has

sold several hundred copies, writes: I love TOKOLOGY and am delighted to be in its service. I mean to sell 500 copies this year. I can sell just as well in the same territory where it has been gone over.

The White House.

Everything New in the way of Dress Goods, Trimmings, and Novelties.

The White House,

FIFTH & F STREETS,

Feigel & Stout.

GO TO
LLEWELLYN'S
FOR
BOOTS AND SHOES.

S. W. BONE,

SUCCESSOR TO PHILLIPS & BONE.

Has Moved to 651 Fifth Street,

BETWEEN G AND H.

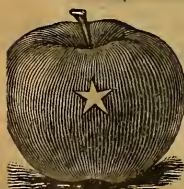
It will pay you to see their special daily sales of

Dry Goods, Gents Furnishing Goods

— AND —

Ladies' and Children's Wear, Notions and Spool Cottons, Embroidery Silks, Etc.,

AT WHOLESALE.



POMONA NURSERIES,

1838 New **APPLES, PEARS, NUT TREES, &** 56 years
1894 800 acres
NOVELTIES. Starr, the largest early apple, 12 in. around, marketable 1st week in July; Paragon, Parlin, and others. Lincoln Coreless Pear, very large and very late; Seneca, large, handsome, and immediately after Bartlett. Japan Golden Russett, Vt. Beauty, &c. Japan Quince Columbia unequalled for jelly. Nuts—Parry's Giant, 6 in. around, the largest knob chestnut; Paragon, Numbo, and many others. Walnuts—French, Persian, Japan, English and American; Pecans, almonds and filberts; Eleagnus longipes. Hardy oranges; Dwarf Rocky Mt. cherries, free from insects, black knot and other diseases; Small Fruits, Grapes, Currants, &c.; Shade Trees, Ornamental shrubs, &c. Catalogue free.

WM. PARRY, Parry, N. J.



ART GOODS,

Frames Made to Order,

A full line Souvenirs at

ALEXANDER'S,

No. 846 Fifth st., **San Diego**
Cal.